# Springbank Primary School



Our whole school vision is:

Springbank Primary is a place where <u>all</u> of our children and staff will have the opportunity to <u>excel</u>. Everyone will be safe, happy and cared for. Our curriculum and values will <u>inspire</u> everyone in the school family to be motivated and curious learners and offer core skills, knowledge and enrichment to enable <u>all</u> to gain the foundations for a quality future and a <u>love for life-long learning</u>.

In all we do we remember our school motto:

### Caring-Happy-Healthy-Sporty

School Values

Sportsmanship-Tolerance- Appreciation- Respect-Friendship-Integrity-Sensitivity-Helpfulness

## **Physical Education Policy**

Springbank Primary School is committed to equal opportunities for all. It is our aim that every policy is written to have a positive impact on every child/all children irrespective of race; religion; gender; sexual orientation or age.

Springbank = success for all

There is a key that unlocks every child's learning; our job is to find that key.



Policy Lead: Joely Keetch



Link Governor: Bill Howard

Strategic Business Committee

Every staff member and governor must take the responsibility and accountability to ensure the procedures within this policy are delivered and implemented as per Springbank School Policy.

#### INTENT

We believe Physical Education helps to develop thinking, selecting and applying skills, which are important for progression across the whole of the primary curriculum. Physical Education encourages children to choose to adopt a healthier lifestyle and develop a positive attitude towards sport. Sporting opportunities and Physical Education make a vital and unique contribution to a pupil's physical and emotional health, development and well- being. At Springbank these are provided in a safe and supporting environment.

#### The Objectives of our PE provision are:

- To ensure that there is a strong Physical Education subject leader to help support and lead this subject and guide other members of staff/ coaches in the planning, delivery and assessment of this subject.
- To deliver a PE curriculum programme that has a broad and balanced content that challenges and extends the children past their current level of attainment and fitness.
- To develop positive attitudes and behaviours, as well as creativity in competitive and non-competitive situations.
- To maximise the overall amount of time spent in being physically active.
- To organise specific events which promote and raise the profile of sport, including competitions within the local community.

#### The PE and Sport Premium

- For the financial year 2019-20 we have been given an additional amount of money by the government called The PE and Sport Premium. This additional funding is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils.
- In 2019-20 we will receive £17,500. As a school we believe that working with others to improve our school performance is very advantageous and the route to success. So every year, we will take into account Ofsted reports of how schools are spending their PE and Sport Premium; government suggestions and our own successful experiences will be considered during the decision making process so that we can truly make informed decisions of how we can directly impact on improving the delivering and achievement of all individual pupils at Springbank Primary.

#### MORE INFORMATION PLEASE REFER TO THE SPORTS PREMIUM DOCUMENT FOUND ON THE SCHOOL'S WEBSITE

#### IMPLEMENTATION

#### Monday- Dance/Gymnastics with MB KEY STAGE 1/ KEY STAGE 2

- Term 1: Street dance
- Term 2: Modern dance/Gymnastics
- Term 3: Zumba

#### Tuesday- Swimming with JK and SD

- Every KS2 child attends an 8 week swimming programme.
- All non-swimmers will attend the full 18 weeks.
- Additional children may be targeted for extra swimming to continue working on their progression (especially year 6 children)

Thursday- Games/Athletics - striking and fielding with MC and year 6 for two hours

#### Friday- Multi-skills with MC KEY STAGE 1/KEY STAGE 2

- Term 1: Games
- Term 2: Gymnastics
- Term 3: Athletics activities/ striking and fielding

#### July- Y4/Y5/Y6

- Outdoor pursuits residential (Hathersage Derbyshire)
- Outdoor events day (Mill Adventure Base) Y3/Y5
- In-school event day (Mill Adventure Base) Y4/Y6

#### Physical Development Provision in the Early Years Foundation Stage

We encourage the physical development of our children in the Foundation Unit as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged zero to five years of age. We encourage the children to develop self confidence, control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge both indoors and outdoors, using a wide range of resources to support specific skills.

#### Springbank Primary Physical Education Curriculum for KS1 and KS2

**Key stage 1** Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending.
- perform dances using simple movement patterns.

**Key stage 2** Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination.
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns.
- take part in outdoor and adventurous activity challenges both individually and within a team.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Swimming and water safety** all schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Learning outside the classroom

Outdoor learning experiences are often remembered for a lifetime. Integrating learning and outdoor experiences, whether through play in the immediate grounds or in adventurous outdoor activities further afield, provides relevance and depth to the curriculum in ways that are difficult to achieve indoors. We believe that whenever possible our PE sessions should be conducted outside on the playground or on the football pitch. Springbank Primary School for the school year 2016-2017, will be attending events provided by Hall Park Academy, The Sainsbury School Games and The Eastwood and Kimberley District Sports.

#### Health and Safety

#### PLEASE REFER TO OUR NEW HEALTH AND SAFETY POLICY FOR SPORT. CREATED OCTOBER 2019

#### PE and Equal Opportunities

Several factors need to be considered in providing equality of opportunity in PE. Issues of Faith, Ethnicity, Ability, Equal Access and Opportunity; Physical Disability and Physical Preparedness must all be taken into consideration.

#### Extra-curricular activities

At the time of writing this policy, Springbank Primary School provided the following sport related after school clubs.

After	Monday	Tuesday	Wednesday	Thursday	Friday
school					
club	7:45-8:30am	7:45-8:30am	7:45-	7:45-	7:45-
	KS2 Sports	KS2 Sports	8:30am	8:30am	8:30am
	Breakfast	Breakfast	KS2	KS2	KS2 Sports
	Club	Club	Sports	Sports	Breakfast
			Breakfast	Breakfast	Club
	3:30-4:30pm	3:30-4:30pm	Club	Club	
	KS1 and KS2	Y5/6 Dance			3-4pm
	Dance	Styles	3:30 -	3:30 -	KS2 Football
			4:30pm	4:30pm	training
			Table	KS1	_
			Tennis	Multi-	
				sports	

#### IMPACT

- Teachers assess children's progress through formative feedback as they observe them particularly in lessons.
- Highlighted summative assessments are carried out every term, for every child.
- Coaches/teachers assess the progress made by children against the learning objectives for the lesson.
- The children are encouraged to assess themselves and each other in order to improve their performance and level of skill.
- These assessments are recorded and reported to parents/ carers as part of the progress discussion at Termly Learning Conferences and in Annual Reports.
- In addition, this information is given to the next teacher at the end of each year to inform future lessons.
- Photographs are taken for evidence for displays and subject leader file.
- Video evidence to be filmed and shared with the children to highlight, strengths and areas of improvements.
- PE Super Star to be chosen (one child from every year group) to be displayed within school every term.

#### Review

The review date for this PE policy is: October 2020.